JOSEPH MARON, LPC
THERAPY FOR COMPLEX HUMANS

FOR PHYSICAL THERAPISTS, REHAB, AND PAIN CLINICIANS

Joseph Maron, MS, LPC
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When pain or a changing body gets in the way of intimacy

I'm Joseph Maron, MS, LPC, a sex therapist seeing adults in New Jersey and Pennsylvania by telehealth. While you continue the rehab and pain care, I work alongside you on the worry, avoidance, and relationship changes.

Consider a referral when your patient...

Mentions that pain has changed their sex life.
Sexual difficulties often go along with pain and low mood.

Worries sex will cause a flare or an injury.
Beliefs that sex will make things worse can quietly limit desire.

Has stopped sex or touch since an injury or diagnosis.
Illness can change intimacy, roles, and communication.

Describes guilt, role strain, or distance with a partner.
Partners often struggle to talk about sexual needs and limits.

Is adapting sex to a disability, MS, or spinal cord injury.
Adults with MS or spinal cord injury say they want sexual health support that fits how their body works now.

Is recovering from cancer treatment or major surgery.
After breast cancer, psychological care improved sexual function.

COMMON REASONS TO REFER

- Sexual concerns with chronic pain
- Changes after injury, surgery, or illness
- Adapting to disability or mobility change
- MS, spinal cord injury, and other neurologic conditions
- Fear of pain or a flare during sex
- Fatigue and low desire
- Body image after physical change
- Communication and role changes

Working in tandem

STAYS WITH YOU
Pain and function care · Exercise and mobility · Safe-movement guidance

I WORK ON
Fears about sex and pain · Rebuilding touch · Widening what sex includes · Body image

Shared: with your patient's permission, I coordinate with you so both plans support each other.

WHY IT FITS In a review of chronic musculoskeletal pain, every study found sexual difficulties, and they tracked pain and distress.[1] After breast cancer, psychological interventions improved sexual function.[2] Psychological treatments, including CBT and mindfulness-based approaches, improve sexual function and reduce sexual distress compared with no treatment in controlled trials.[3] No trial has tested sex therapy in chronic pain; MS and spinal cord injury evidence is early.

TO REFER · JOE MARON THERAPY

Your patient requests a free 15-minute consult at JosephMaron.com

Or call **908-505-5182**. To talk a referral through first, call or email Joe@JosephMaron.com.

Telehealth only · Adults in New Jersey and Pennsylvania · Private pay, superbills provided

Tell your patient: sex therapy is talk therapy. No touch, no exam.

Doctoral student in human sexuality, Widener University · Certificate in Affirmative Therapy for Transgender Communities · ADHD-CCSP · LGBTQ+ affirming

Scan to get started

1 Katz et al., *Pain Med* 2021. **2** Xu et al., *J Clin Nurs* 2023. **3** Frühauf et al., *Arch Sex Behav* 2013; Liu et al., *J Sex Med* 2026.